

Lily Chen, RN, MA
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Education

Master of Art in Nursing, May 1991

COLLEGE OF NURSING, THE UNIVERSITY OF IOWA, IOWA CITY, IOWA
ROLE PREPARATION: ADMINISTRATION; CLINICAL PREPARATION: ADULT HEALTH/GERONTOLOGY

Advanced Nursing Diploma, May 1987

ZHONGSHAN UNIVERSITY OF MEDICAL SCIENCES, GUANGZHOU, CHINA

Nursing Diploma, May 1985

GUANGZHOU HEALTH SCHOOL, GUANGZHOU, CHINA

Professional Experience

Dec, 2014-Present

CEO, Pacific Silver Lining-U.S. China Geriatric and Long Term Care Association (a division of JC Lin Health Services)

- Co-organized "Healthy Aging and Medical Innovation" held in Beijing, May 7, 2015 with China National Health Development Research Center, National Health and Family Planning Commission of the People's Republic of China
- Co-organized "Shanghai Standardized Care for Senior Services" training conference with Shanghai Senior Industry in Shanghai May 5, 2015
- Attended US-China Healthcare summit organized by China Ministry of Health, HHS, Harvard University, Perking Union Medical School, and Tsinghua University Oct, 2014.
- Helped design itinerary for study tours for five delegations from China National Organizations and business groups in senior sectors to US collaborating with Illinois Department on Aging (IDoA), Illinois Governor's office, National Association of States United for Aging and Disabilities (NASUAD), Minority Business Development Agency (MBDA), and senior care organizations in Chicago, DC, NYC, and Phoenix.
- Coordinated an 11 member US delegation led by Illinois Department on Aging Director who spoke at the main forum of the third China International Senior Service Expo (CISSE) May 2014 in Beijing's China Convention Center. Arranged meetings with federal and provincial government officials in senior care.
- Invited by the Department of Commerce Minority Business Development Agency (MBDA) and attended White House Initiatives for Asian Americans and Pacific Islanders (WHIAAPI): Asia-Pacific Economic Forum Opening Symposium in May, 2014.

Jan, 2011- present

President and Founder, JC Lin Health Services, an Illinois Corporation

- Coordination of care for frail elderly with complicated medical, nursing, cultural, psychological, emotional needs consisting of mostly Chinese speaking population. --
- _ Consulting for home health agencies and home care companies on providing culturally competent quality care.
- Community outreach: working with area senior building managements, Naperville Township, church and community groups, and a group of volunteers to conduct health talks, and advocating for seniors' needs.
- Volunteer Program site coordinator and certified counselor: Senior Health Insurance Program (SHIP) counseling for Medicare under Illinois Department on Aging;
- Training site for Matter of Balance (MOB): a national fall prevention initiatives. Coordinate and Conduct MOB classes in the community for dual eligible seniors.
- Clinical Preceptor, Northern Illinois University School of nursing, Fall, 2013

May, 2011– Sept, 2014 **Assistant Director of Nursing, DR Home health, Lemont, IL**
 Ensuring quality standards, personnel management, community relations, training, health promotion and disease prevention for elderly especially Chinese speaking seniors in community settings. Manage a team of nurses, physical therapist, occupational therapist, certified medical translator, certified nursing assistant, nursing students to deliver most culturally competent quality care.

Jan, 2010 - April, 2011 **Nurse case manager, Ultra Homecare, Des Plains, IL**
 Visiting elderly in their homes and provide culturally sensitive quality nursing services for mostly Chinese speaking elderly.

Oct, 2009 - Mar, 2010 **Private duty nurse, American Health Home Care (Pediatrics), Aurora, IL**

Mar, 2008 - present **School/Classroom Nurse (substitute), Naperville school district 203**
 Working with students with variety of medical and learning needs through collaborating with family, classroom teachers, special education teacher/staff, social worker, occupational therapist, and administration in elementary schools, junior high, and high schools.

Feb, 2006-Feb, 2008 **Program Nurse, Xilin Chinese Adult Day Care Center, Naperville, IL**
 Using nursing process to assess, diagnose, intervene, and evaluate clients' physiological/psychological/emotional problems of mostly Asian elderly. Other responsibilities include: communicating with family and physicians when needed, help develop daily exercise/physical activities and recreational activities, provide training to staff/administration about clients health problems, closely working with social worker and staff to meet clients' needs.

Jan. 1998-April 2000 **Lecturer, Lewis University College of Nursing**
 Teaching theory, lab, and clinical nursing at various Chicago area hospitals including LaGrange hospital, Rush-Coley hospital for Foundation of nursing practice and Medical-Surgical Nursing.

Aug. 1997-Dec. 1997 **Clinical instructor, University of Illinois in Chicago College of Nursing**
 Clinical teaching on a Medical unit at Mercy hospital, Chicago.

Feb. 1993 - May 1997 **Lecturer, research team member, University of Iowa College of Nursing**
 Clinical teaching on Medical/Surgical units at the University of Iowa hospitals and clinics. Research team member in nursing administration and gerontology research teams Co-author of a research project on nurse' job satisfaction, and principal investigator of a founded (by Provost office and Sigma Theta Tau Iowa chapter) project "Self care practices among Chinese senior in Guangzhou, China".

Feb. 1995 -June 1997 **Staff Nurse (Hourly), University of Iowa Hospitals and Clinics**
 Work areas include variety of psychiatric and medical units, and In-vitro fertilization (IVF) program, OB/GYN division.

May 1990 – Jan. 1993 **Staff Nurse, University of Iowa Hospitals and Clinics**
 Pulmonary Medicine (MICU step-down), Division of medical nursing.

Aug 1988 - May 1991 **Research and Teaching Assistants, University of Iowa College of Nursing**
 Assist in teaching and research as graduate nursing student.

Aug 1985-May, 1988 **Staff Nurse**
 Department of Internal Medicine, the First Municipal hospital of Guangzhou. Working areas including GI, infectious disease, cardiovascular, CCU, pulmonary disease, and various hospitals sponsored medical clinics in Guangzhou area foreign invested hotels.

Community Service

Jan, 2011-present	Volunteering as a Senior Health Insurance Program (SHIP) site coordinator and certified counselor, Matter of Balance coach, and coordinate various health promoting activities the communities.
Jan. 2004 – present	Vice president and secretary, OPUS, a non-profit music organization to promote instrumental music among youths, Naperville, IL.
March, 2005-April, 2009	Served at Bolingbrook Christian Clinic for low-income families with various ethnic backgrounds.
Oct, 2003 – May, 2013	Volunteered at Naperville District 203 various elementary, junior high, and high schools in various capacities. Served as girls scout leaders in DuPage county for many years. Compass church volunteer, Naperville.
Sept. 1997 - 2000	Board member, I-CARE (Illinois Chinese Elderly Residential Building), Westmont, IL.

Presentations
(Recent)

“Standardized Nursing care: implications for outcomes”. Speaking at Shanghai Standardized Care Conference, Shanghai, May 5, 2015

“Senior Health Insurance Program (SHIP) 101”, Chinese Mutual Aide Association, Chicago, October 2014

“Outreach for bilingual speaking seniors”, Senior Health Insurance Program Conference, Illinois Department on Aging, Chicago, September 2014

“Home health Nursing in US”, Professional Development Sub-forum, 3rd China International Senior Service Expo (CISSE), Beijing, May 2014

“Matter of Balance: implementing the fall prevention initiatives for Chinese speaking elderly”, the 33rd Governor’s Conference on Aging, Chicago, Dec 2013

“Nursing in Home and Community Care in US “, Guangzhou Nurses’ Association, office of Research and Education, Guangdong Nurses’ Association, Guangzhou, September 2013.

Publications
(Recent)

Holton, John K. & Chen, Lily (2014) Illinois Department of Aging model for caring for elderly with special physical , mental, linguistic, and other challenges. Welfare China, April, 2014

Chen, Lily (2015) Beatitudes: A comfort care model for memory impaired elderly Welfare China, Jan, 2015

Manuscript in writing: Chen, Lily (2015) Program in All-inclusive Care for Elderly and its implication for China. Finalizing part V: PACE application in China. To be summited to LeadingAge conference or National PACE Conference, 2016

Professional Organizations

American Geriatric Society

Sigma Theta Tau Nursing Honor Society International, University of Iowa Chapter